

Artspectrum  
52 Monterey Avenue  
Detroit, MI 48203-2590

Dear Competitor,

Thank you for your interest in competing at The World Lindy Hop Championships (WLHC) this year. WLHC will be held October 22 and 23, 2005 at the Sheraton Stamford Hotel, 2701 Summer Street in Stamford, Connecticut from 7:00pm Saturday through Sunday's late night party. We look forward to an exciting and entertaining convention. Following this letter you will find:

- a Competition Entry/Waiver Form
- General American Lindy Hop Championships rules for your information
- Rules for each division other than the World Championship Rounds being held

Please read the entire application including the rules, glossary and waiver.

Since WLHC is being held in conjunction with parts of The American Lindy Hop Championships you are invited to participate in any ALHC division for which you feel eligible. Choose your division(s) carefully. After you have read the rules and waiver complete the **Competition Entry Form**. Be sure to sign and date the waiver. If, for whatever reason, you compete and have not completed the waiver you will be deemed not to have danced and your placement will be irrevocably lost. So be sure to complete the waiver.

Entries with more than two contestants must complete the **Additional Contestants** sheet being sure to include the signatures of each contestant.

All contestants are required to purchase a weekend pass at the time the application is submitted. All entry fee(s) must be included with your signed application. Applications must be received no later than October 7, 2005. Once completed please mail them to: Artspectrum, Attention: ALHC, 52 Monterey Avenue, Detroit, Michigan 48203-3590. Submitting this form does not guarantee your entrance into the division. Most ALHC divisions have entry limits. Therefore until your application has been received and confirmed you have not been admitted. Contestants will receive an email confirmation when entry forms have been processed. Submitting forms early is a good idea.

Since many contestants will come from countries other than the United States feel free to register online then complete the Competition Entry Form, which needs your signature, at the event.

These forms may not be used to register for any of the levels of Jack and Jill. Registration for those divisions may only be made on the day each is scheduled to take place. Look for deadlines in the event program.

Competitors' meetings will be scheduled over the course of the weekend. Attendance is mandatory by at least one member of the performance team. The drawing for dance position for each division will be done at the meeting just prior to your division. All forms must be turned in by this time. These forms will be used to begin the drawing. You must, also, give your music to the Stage Manager.

Thank you again for your interest in WLHC. We look forward to seeing you at the coming event. Please free to call (313-790-2311) or email [info@artspectrum.org](mailto:info@artspectrum.org) with any questions you may have after reading the rules and forms.

Signed,

Paulette Brockington  
Event Director

### The World Lindy Hop Championships Competition Entry Form

Please indicate the category you wish to enter:		<input type="checkbox"/> Team	<input type="checkbox"/> World Lindy Hop Championship
<input type="checkbox"/> Cabaret	<input type="checkbox"/> Fast Dance	<input type="checkbox"/> Junior	<input type="checkbox"/> Open Showcase
<input type="checkbox"/> Masters	<input type="checkbox"/> Cats' Corner (Improv Division—Champions only)		

Please note: Couples from non-WRRC countries must pay a 50 euro starting fee to participate in the WLHC.

Please print legibly.

**Dancer 1**  
Name \_\_\_\_\_  
Now below write your name phonetically or use rhyming words.  
\_\_\_\_\_  
Social Security number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone (with area code) \_\_\_\_\_  
Work phone (with area code) \_\_\_\_\_  
Email \_\_\_\_\_  
Juniors please complete: Your age \_\_\_\_\_  
Parent's name \_\_\_\_\_  
Parent's contact info \_\_\_\_\_  
Please print exactly how you want your name listed in print.  
\_\_\_\_\_

**Dancer 2**  
Name \_\_\_\_\_  
Now below write your name phonetically or use rhyming words.  
\_\_\_\_\_  
Social Security number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home phone (with area code) \_\_\_\_\_  
Work phone (with area code) \_\_\_\_\_  
Email \_\_\_\_\_  
Juniors please complete: Your age \_\_\_\_\_  
Parent's name \_\_\_\_\_  
Parent's contact info \_\_\_\_\_  
Please print exactly how you want your name listed in print.  
\_\_\_\_\_

Group entries must complete the above information for all contestants on the separate **Additional Contestants Form**.

Please read the following waiver carefully. No application will be accepted without the signature of all competitors. An additional form is provided for entries with more than two participants. Please note: Weekend passes are not refundable. After the entry deadline entry fees are not refundable.

#### WAIVER

I understand that Artspectrum/The American Lindy Hop Championships (ALHC) intends to record my participation in the events/competitions on videotape, film and in photographs. I expressly grant ALHC the unlimited right and authority to use any such recording in any and all media by whatever ways or means with no obligation to me. Such recordings are the sole property of ALHC. On behalf of my heirs, I agree to forego, and expressly waive and release any and all rights for damages that I or my heirs might have against ALHC or its agents for any and all injuries and damages I might suffer by participating in the contest or in traveling to and from its location.

I have read all the rules contained in this application and the above waiver, fully understand them, and agree to comply with their contents.

Signature Dancer 1 \_\_\_\_\_ Signature Dancer 2 \_\_\_\_\_

Date signed \_\_\_\_\_ Date signed \_\_\_\_\_

I purchased my weekend pass(es) through  studio  club  mailing  email

Indicate name of studio or club here: \_\_\_\_\_

I purchased my weekend pass online (Online Order # \_\_\_\_\_); or,  Please send me \_\_\_\_\_ WLHC weekend pass(es) at \$ \_\_\_\_\_ per pass.  Junior (aged 17 or younger) \$65USD  Regular (aged 18 or older) \$80 USD

Entry Fee total \_\_\_\_\_ Couples' divisions \$60USD/cpl.; Cabaret solo/duo \$60USD, 3-5 \$90USD, group \$125USD; Team \$125USD  
(Note: There is no entry fee for the World Junior Division or for the World Lindy Hop Championship Rounds except non-member couples must pay a 50 euro starting fee.)

Enclosed find my check or money order in the amount of \$ \_\_\_\_\_.

Please charge my credit card.  Discover Card  Visa  Master Card

CC# \_\_\_\_\_ exp. date \_\_\_\_/\_\_\_\_

\*Print name as it appears on your card. \_\_\_\_\_ (Billing address must appear on this form.)

Signature of Cardholder \_\_\_\_\_

### AMERICAN LINDY HOP CHAMPIONSHIPS ADDITIONAL CONTESTANTS FORM

Please **PRINT** all applicable information. The cutoff date for receipt of your application is based on the date of final receipt of all necessary information. Group entries must include information on the additional contestants and provide their signatures below. You may photocopy this form as needed to complete your group entry.

Please indicate which Division(s) you wish to enter:    Cabaret         Team

In the event that your team or group places in one of the above divisions to whom should your check be issued?

\_\_\_\_\_

#### WAIVER

I understand that Artspectrum/The American Lindy Hop Championships (ALHC) intends to record my participation in the events/competitions on videotape, film and in photographs. I expressly grant ALHC the unlimited right and authority to use any such recording in any and all media by whatever ways or means with no obligation to me. Such recordings are the sole property of ALHC. On behalf of my heirs, I agree to forego, and expressly waive and release any and all rights for damages that I or my heirs might have against ALHC or its agents for any and all injuries and damages I might suffer by participating in the contest or in traveling to and from its location.

I have read all the rules contained in this application and the above waiver, fully understand them, and agree to comply with their contents.

**Dancer 3 :** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**Dancer 4 :** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**Dancer 5 :** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**Dancer 6 :** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**Dancer 7:** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**Dancer 8:** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**Dancer 9 :** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**Dancer 10 :** Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

## COMPETITION RULES

### GENERAL RULES

**ENTRY** All divisions, except CABARET and TEAM, are open only to a couple consisting of one male and one female dancer. Contestants competing as a couple may, therefore, compete in only one of the following: OPEN SHOWCASE, CATS' CORNER (formerly Champions' Strictly) or MASTERS. Contestants entering one of the above divisions may also enter CABARET or TEAM.

Please note that a couple may not enter more than one division unless they are participating in the Cabaret or Team divisions.

Select your best choice for a competitive division.

Individuals entering a couple's division listed above may enter additional divisions with a different partner. Once a division has filled, couples may be wait-listed by request for their first choice for a division. In addition, individuals are limited to appearances in a maximum of 4 couple divisions.

Contestants entering either OPEN SHOWCASE must be a minimum of eighteen years of age by the date of the competition unless otherwise noted. Contestants in TEAM, CABARET, PRO/AM or one of the JACK & JILL contests must be a minimum of ten years of age by the date of the competition. OPEN JACK & JILL is open to all competitors regardless of age who have entered any and all divisions. Jack and Jill competitors may register themselves only at the event on a first come first served basis. The order of appearance for each entry for all divisions will be selected at random. The drawing will take place at the competitors' meeting. Should you miss a competitors' meeting your space may be irrevocably lost. Contestants failing to appear on the floor when their names are called during the competition will be scratched from the judges' sheets. Finals may be held in any division, if required, due to the number of entries at the discretion of the judges. Any changes regarding finals will be announced at the competitors' meeting. All divisions must have a minimum of three entries for it to run. A minimum of five couples will be required to award prize monies.

**MUSIC** Contestants in divisions other than the JACK & JILL divisions and the WORLD preliminaries and CATS' CORNER are responsible for their own music. Music that makes use of more than one tempo is allowed. Heavy metal and hard rock music are prohibited as choices in any division except Cabaret. Select the music to which you will dance. Turn it in at the competitors' meeting. All music must be on CD. CDs should be labeled with the contestants' names and division. We suggest you prepare copies at different speeds to appropriately compensate for any speed changes due to the change in equipment or power supply. Every effort will be made to allow contestants to test their music on the equipment which will be used during the actual competition. You are responsible for your music. You must pick up your CD at the end of your division from the Stage Manager. Neither ALHC nor WLHC is not responsible for returning your music.

**TIME LIMIT** Couple division entries will be allowed a minimum of two (2) minutes and a maximum of three (3) minutes. Please time your performance accordingly. There will be no time warning. There will be a penalty for a time violation. TEAM, CABARET, FAST DANCE and JACK & JILL time limits are different -- see Division Definitions for applicable time limits.

**RESTARTS** No restart will be allowed for a contestant who is dissatisfied with his/her music, timing or performance. A music system break down, a broken shoe strap, broken heel, torn dress strap, and like objective problems may justify a restart. A restart will only be allowed by the Chief Judge.

**COSTUMES** Costumes are not mandatory. However, appropriate attire and/or costumes may enhance your performance. Appropriate attire does not include jeans or sweat clothes.

**RULES VIOLATIONS** An infraction of the rules may cause loss of placement. In severe cases the violation(s) may cause disqualification.

**COMPETITORS' MEETINGS** All competitors are required to attend the meeting which precedes their division as follows: Friday, Oct. 21 at 6:30pm, Saturday, Oct. 22 at 12:00pm and Sunday, Oct. 23 at 12:35pm..

### JUDGING GUIDELINES

**JUDGES DECISIONS** Judges decisions are final. Protests will not be allowed.

**SCORING** Most judging panels have seven judges. The first contestant having a majority of first place markings is assigned first place. If the above criteria is not met first place will be determined by relative placement. In the event of a three-three tie the chief judge's marking will be used as the tie-breaker.

The following are fundamental factors of dancing on which all competitors will be judged:

**VARIETY & CHOREOGRAPHY** You are evaluated on what you do, whether choreographed or spontaneous. This means: how the dance is arranged to the music starting with your entrance, moving into the body of the number, concluding with your exit or ending; musical interpretation; variety; contrast of rhythms; and style with a variance in difficulty. Longer is not necessarily better. Keep things short and sweet.

**EXECUTION & TEAMWORK**

The judges look at how well you do what you do: flow; partner interaction; smooth transition from one pattern to another; using good styling, body, hand and footwork.

**PROJECTION & SHOWMANSHIP**

That extra quality which holds the audience's attention. The polish, extra degree of professionalism or flair.

**DEGREE OF DIFFICULTY**

Above the norm: Your execution of very difficult movements and steps requiring intricate and agile moves.

**TIMING & BASIC RHYTHM**

Timing is everything: Timing is the identifiable link between the dancer and the music. Dancing in time with the music, remaining in time throughout the performance and how well the dancers relate to the variety of rhythm and tempo changes is critical.

**LINDY CONTENT**

Please take into account when designing your dances that at this competition Balboa and Collegiate/Vintage Shag are not considered swing dances. Therefore their figures are excluded when determining Lindy content percentages.

**COMPETITION DEFINITIONS**

Please note: Terms that are used in the following section are understood by ALHC to mean:

**Lindy Hop** is a couple's dance that has an eight count basic interspersed with six count steps and amalgamations from ten to twenty counts or more.

**Acrobatics** require a person to use one's own momentum to perform a stunt while maintaining some kind of contact with the floor.

**Aerials** require a person to use their own momentum to perform a trick or stunt in the air. It is not aided by a partner.

**Air Steps** are partnered tricks or stunts involving momentum that cannot be performed without a partner.

**Drops** occur when one partner's head is lowered below the waistline of his/her partner. A drop may be assisted or unassisted. Assisted means the performer requires his/her partner's help during the descent or ascent. Unassisted means the performer supports his/her own body weight.

**Lifts** require one to remove their partner's feet from the floor whether slightly, knee level, waist level or overhead.

**DESCRIPTIONS OF THE COMPETITIVE DIVISIONS**

**OPEN SHOWCASE**

This division is open to any style of swing dance. All types of lifts, drops, air steps, aerials, acrobatics and side by side patterns are allowed, but not required. Look at your dance. Showmanship, projection and content are important to this division. If your routine fulfills the requirements of another division you are not eligible here. Twelve (12) couples may compete in this division.

**TEAM**

A Team must have a minimum of eight (8) dancers. The team may consist of any combination of genders. A minimum of sixty percent (60%) of any kind of recognizable swing dancing is required. Spins, lifts, drops, air steps, acrobatics and side by side routines are allowed. Team formations are emphasized. However heavy metal and jazz music not in the swing idiom are not allowed. Teams dance for a minimum of three (3) minutes and a maximum of four (4) minutes. Individuals may compete on no more than two teams. Ten (10) entries are allowed in this division.

**CABARET**

This division is open to any style of dancing. Entrants may consist of an individual, a couple, small or large group consisting of any combination of genders performing blues, tap, jazz, adagio, hip hop, etc.. Couples consisting of a male and female partners are prohibited from performing a swing routine. There are no other restrictions as to content, but all dancers must have total involvement in the choreography. Music that uses more than one tempo is permissible. Any combination or style of aerials, lifts or drops are allowed. Dancers have a two (2) minute minimum and a four (4) minute maximum. Remember less is more. A limit of fifteen (15) entries will be allowed in this division.

**CHAMPIONS' JACK & JILL**

Leaders and followers sign up individually. The division is limited to thirty (30) couples. Partners are chosen at random, by the luck of the draw. Music is selected by ALHC. You may be required to dance with more than one partner. This division is open to those who have won or placed in a national or world level Lindy competition such as National Jitterbug Championships, ALHC, US Open or WLHC. Anything goes for content.

**FAST DANCE**

Any type of swing is allowed in this division. Collegiate Shag and Balboa are also allowed. All forms of lifts, drops, air steps and aerials are allowed. Contestants dance to music 224bpm and faster for a minimum of one-and-a-half (1 ½) minutes to a maximum of two-and-a-half (2 ½) minutes.

**CATS' CORNER**

(formerly Champions' Strictly) This division is open to a limited number of national and world Lindy champions. This division will be run in one heat as a jam session. Anything goes.

**World Lindy Hop Championships Abridged General Rules** are as follows:

All music is chosen by the organizer unless otherwise stated. Music may be from the 1920s through the 1940s. Couples may choose their own music for the Showcase Round. Compilations are allowed. The dance must end with the music.

Rounds will last for approximately one and-a-half minutes (1:30). Consolation rounds have been run at prior events. There will be no consolation rounds for 2005.

**World Junior Championship**

Juniors have a restriction on air steps according to WRRRC Lindy Hop Safety Level 3. Only the fast round will be run. A maximum of three (3) couples will be on the dance floor during the preliminary rounds. Music selected will be between 184 – 192 bpm. If needed a semi-final round will be run with a maximum of 2 couples on the dance floor. Music will be between 200 - 208 bpm. For the final round, couples will dance individually to their own choice of music. Minimum tempo for the final round is 200bpm.

**World Lindy Hop Championship**

Has two divisions – Improvisational and Showcase. The Improvisation division has two rounds and emphasizes a couple's lead/follow skills. During the slow round, air steps are not allowed. Lifts and drops are allowed. In heats of three (3) couples each dancers dance to music between 128-136bpm. For the final round, couples will dance individually to music between 128-136bpm.

The fast round has no restrictions on air steps. During the preliminary round, heats of three (3) couples each dance to music 208 – 218bpm. Couples dance individually for the fast round finals to music 208-216bpm.

The second part, the Showcase Division emphasizes showmanship and projection. There are no restrictions for air steps. Each couple may choose their own music. Compilations are allowed. Each couple may dance for two to three minutes.

Placement in these two divisions determines a couple's overall ranking. The title of World Lindy Hop Champion will be given to the couple who has the most first place markings, or has the closest such placement based on relative placement. No prize money is awarded with this title.

Please check WRRRC website for complete rules.

**THE AMERICAN LINDY HOP CHAMPIONSHIPS  
SCHEDULE OF AWARDS AND PRIZES**

<b>AMERICAN SHOWCASE</b>		<b>OPEN SHOWCASE, CABARET</b>		<b>TEAM</b>	
1 <sup>st</sup> Place	\$1200	1 <sup>st</sup> Place	\$ 800	1 <sup>st</sup> Place	\$2000
2 <sup>nd</sup> Place	\$ 800	2 <sup>nd</sup> Place	\$ 400	2 <sup>nd</sup> Place	\$1200
3 <sup>rd</sup> Place	\$ 400	3 <sup>rd</sup> Place	\$ 200	3 <sup>rd</sup> Place	\$ 800
4 <sup>th</sup> Place	\$ 200				
5 <sup>th</sup> Place	\$ 100				
<b>FAST DANCE</b>		<b>CHAMPIONS' JACK &amp; JILL CATS' CORNER</b>			
1 <sup>st</sup> Place	\$600	1 <sup>st</sup> Place	\$350		
2 <sup>nd</sup> Place	\$400	2 <sup>nd</sup> Place	\$250		
3 <sup>rd</sup> Place	\$200	3 <sup>rd</sup> Place	\$150		

**WORLD LINDY HOP CHAMPIONSHIPS SCHEDULE OF AWARDS AND PRIZES**

1 <sup>st</sup> Place	500 euros	4 <sup>th</sup> Place	250 euros	6 <sup>th</sup> Place	150 euros
2 <sup>nd</sup> Place	350 euros	5 <sup>th</sup> Place	200 euros	7 <sup>th</sup> Place	100 euros
3 <sup>rd</sup> Place	300 euros				

Prize money will be split in two between each of the two WLHC divisions. These amounts will be paid out in USD equivalents.

**The Junior Division** receives medals and/or trophies. No cash award.