



AAU — ALHC National Dance Championships

Get your 2009-2010 season started
at your 2009 Fall destination



Over a dozen
competitive divisions!

- Acrobatic Rock 'n' Roll
- Ballroom Team
- Classical Ballet
- Clogging
- Collegiate Couples' Swing
- Collegiate Dance Team
- Collegiate Swing Team
- Ethnic/Folkloric
- Hip Hop
- Jazz
- Junior Swing Championship
- Latin Team
- Lyrical
- Modern/Contemporary
- Music Theater
- Open
- Pro/Am Ballroom
- Pro/Am Latin
- Pro/Am Swing
- Swing Team
- Tap

Workshops in tap, contemporary dance, hip hop, ballroom, swing and more plus teacher prizes.



Pictured above row 1—Plaza Hotel, row 2—hotel and Stamford train Station, bottom row—a Broadway theater and Radio City Music Hall.

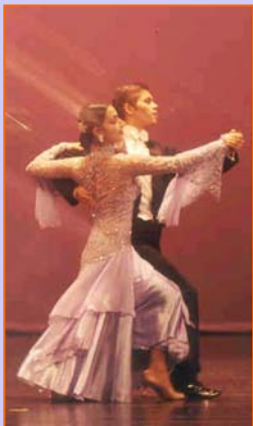
The Plaza Hotel (formerly the Sheraton Stamford Hotel)
2701 Summer Street, Stamford, Connecticut 06905 USA 1-203-359-1300

Logon to <http://artspectrum.org/aaudance.htm> for updates.

Call 1-313-790-2311 or email askartspectrum@yahoo.com with questions.



Artspectrum is a member of the



Save money on Swing, Ballroom and Dance Team entries! Complete your early bird registration for both competition and workshops by September 1 for the lowest rates.

Event Details

The 2009 Amateur Athletic Union (AAU) / American Lindy Hop championships (ALHC) National Dance Championships will take place in Stamford, Connecticut on October 24 and 25, 2009 at the Plaza Hotel. The event is administered by ALHC, a division of Artspectrum and has been sanctioned by the AAU as part of the 2009-2010 competitive season.

The AAU annually sanctions the Junior Olympic Games in the USA. AAU Dance has schools, studios and all-star teams/clubs that take part in their program. Dance teams compete in divisions based on team size and grade/age level. Teams have the option of entering the following categories: jazz, tap, contemporary, ballet, lyrical, hip hop, ballroom and/or swing. Solo, duo and trio dancers have the option of entering jazz, tap, contemporary, ballet, lyrical and hip hop. There will be a Junior Swing Championship for

those aged 10-19 this year.

All participants in the AAU divisions must be current members. The AAU membership year runs from September to August annually. In order to obtain a membership current for the competition dates you must either have a multi-year membership that does not expire until 8/31/09 or you can purchase a membership year beginning 8/15/09. This competition takes place in the 2010 AAU membership year. All memberships may be purchased beginning at \$12 easily online at www.aasports.org. Your number and card will be issued immediately with payment. Any questions about AAU membership can be directed to the membership department at 407.934.7200 or membership@aasports.org.

Once your AAU membership is complete feel free to review and complete the enclosed forms and mail them to the address provided.

These forms are due with full payment for fees by September 25, 2009. Entries may be submitted after this date with an \$25 late charge per entry.

Call 203.359.1300 to make your reservation. Use American Lindy Hop Championships to get our group room rate of \$99 plus tax for 1-4 people in a room. And remember that you may come before October 24 and stay after October 25 at the same great rate.



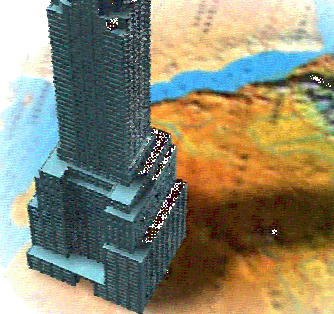
Getting to the Championships

The 2009 AAU-ALHC National Dance Championships will be held at the Plaza Hotel and Conference Center in Stamford, Connecticut. It is conveniently located 1.5 miles away from the Stamford train station. It is 30 miles north of Manhattan providing easy access to Broadway, Times Square, Central Park, museums, shopping and more.. To reserve a room call the Plaza at 203.359.1300. Rooms are \$99+tax each night. Please reserve your room by October 1 to ensure you get our group rate. After October 1 that rate will only be given if space is available.

By air Stamford can be accessed from any of the airports in the New York area. Westchester County Airport (HPN) in White Plains, NY is the closest to the hotel. However, you may choose to fly into JFK, LaGuardia and Islip in New York or Danbury or Hartford in Connecticut. Private shut-

tles can be taken from any of these airports to the hotel. You might also consider renting a car at one of these airports.

When



doubt and there are two or more of you, share the cost and carpool.

From Newark take the Port Authority Shuttle to the Port Authority terminal. (\$11USD), then take a subway or bus to Grand Central Station. (\$2USD). From Grand Central Station take the commuter train to Stamford (\$10USD), take a

cab 1.5 miles to the hotel (\$10USD) or walk it.

From LaGuardia take the M60 bus (\$2USD exact change or use a token) to the Astoria Blvd. Station where you'll take the commuter train to Stamford (\$10USD). Once in Stamford take a cab to the hotel (\$10USD).

From JFK it takes 2 buses, a subway, then the train, cab/walk.

There are also the following shuttle options. Eveready Transportation/Stamford Yellow Cabs in Stamford call 1 (203) 967.3633; www.reddot.com call 1 (800) 6REDDOT; or, Super Shuttle at 1 (800) BLUEVAN.

When in doubt, the City of Stamford has a site dedicated to getting to, from and around town. Transportation resources in Stamford may be found at <http://www.ci.stamford.ct.us/transportation/default.htm>. There you will find information

on driving, taking a train, buses and cabs, special needs travel and area airport information.

If you are driving **From Westchester Airport** take Merritt Parkway/Route 15 north to exit 35, turn right on High Ridge Road. It becomes Summer St. The hotel will be on the left.

From Connecticut Turnpike/I-95 traveling north take exit 8, turn left onto Atlantic which becomes Bedford (a one-way street). The hotel will be on the left.

From I-95 traveling south take exit 34 onto North State Street, at the second light turn right onto Atlantic which becomes Bedford. Enter the hotel on the left.

From Merritt Parkway/Route 15 traveling north take exit 34, turn right onto Long Ridge Road. It becomes Summer Street. Enter the hotel on the left after it becomes Summer Street.

The hotel has available parking. Restaurants and shopping are within walking distance.

2009 Contest Categories

Acrobatic Rock ‘ n’ Roll

This category features elements like lifts, jumps, throws and flips. It is danced to tempos of 178bpm to 208bpm.

Ballroom Team

8+ dancers perform one or more ballroom dance styles in formations. Team categories are judged on projection, showmanship, choreography, technique and teamwork.

Classical Ballet

Dancers execute ballet technique in either a classical or neo-classical form dressed in ballet footwear.

Collegiate Couples’ Swing

Couples’ perform a recognizable swing dance style as a Classic (no lifts) for Showcase (lifts, throws allowed).

Collegiate Swing Team

All dancers perform one or more swing dance style. Vernacular jazz may or may not be included. This category is judged on timing, teamwork and formations.

Contemporary Ballet

Dancers execute ballet technique styled and accompanied with modern jazz or contemporary choreography and music dressed in ballet footwear..

Clogging

All dancers wear clogging shoes and execute clogging technique including but not limited to rhythmic patterns and formations.

Dance Team

A high energy routine having sharp, precise movements.. Routines are judged on technique and choreography. (Dance teams are not limited to this category if their content is better suited to another category such as hip hop, jazz or musical theater.)

Ethnic/Folkloric

A dance style of a particular ethnic group, including but not limited to national dances.

Hip Hop

A routine which makes use of one or more street dance

styles like popping, locking, breaking, footwork, krumping and freezes to hip hop music.

Jazz

8+ dancers execute movement and styling characteristic of American Jazz dance..

Junior Swing Championship

Dancers aged 10 to 19 perform a dance based in one or more of the swing dance styles.

Latin Team

8+ dancers perform one or more Latin/American Rhythm dance styles in formation.

Lyrical

All dancers interpret the lyrics or mood (intent) of a song using a combination of ballet, modern and/or jazz dance techniques. This category includes the use of legwork, balance and body language displaying one’s emotion.

Modern/Contemporary

Demonstrates balance, extension, flexion, isolation and control.. Movement, without or

without a prescribed vocabulary, is based on the elements of dance—space, time manipulation, dynamics and the movement qualities.

Music Theater

A routine choreographed to a song from a Broadway or movie musical which stays in the character of the play/character making use of any style of dance.

Open

A combination of any two or more dance styles or a dance routine that does not fit any listed category.

Swing Team

All dancers perform one or more swing dance style. Vernacular jazz may or may not be included. This category is judged on timing, teamwork and formations.

Tap

All dancers wear tap shoes and execute tap technique. The routine may include soft shoe and/or street tap. Routines may be performed to music or a capella.

Tentative Event Schedule



SATURDAY, October 24	
8:30am	Turn in music on CD
9—noon	Competitions
Noon—1pm	Lunch break
1—5:15pm	Workshops
2:15	Pro-Am divisions
5:30	Awards
5:45—7pm	Dinner break/ALHC classes
7:00	Main ballroom reopens
7:15—9:15	General dancing competitions
9:15	ALHC Cabaret
11:15	ALHC Team

Attendees at the AAU- ALHC National Dance Championships also

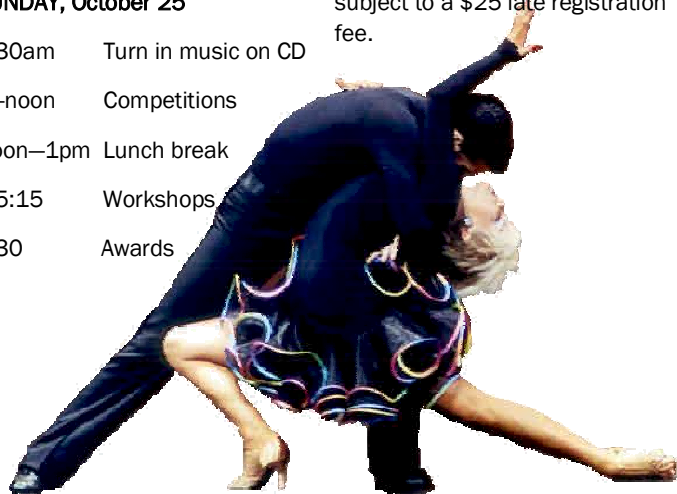
receive admittance to the 12th American Lindy Hop Championships. Attendance is not mandatory but optional. So take part in or enjoy the ALHC divisions or take aside trip to Manhattan to see a show.

SUNDAY, October 25

8:30am	Turn in music on CD
9—noon	Competitions
Noon—1pm	Lunch break
1-5:15	Workshops
5:30	Awards

Please note that all competitors should be available for the entire day of their competition’s). Award times are tentative and may occur earlier.

Remember early bird registration ends September 1. Registrations received after September 25 are subject to a \$25 late registration fee.





The National Championships offers high caliber classes in a range of styles, technique and choreography designed to energize both dancers and teachers.



Rules and Regulations

Scheduling—All competitors are expected to be available from the beginning of the scheduled day and time to the end of the scheduled day and time.

Sportsmanship—All participants Agree to display good sportsmanship throughout the event. The advisor/coach of each team is responsible for seeing that team members coaches, parents and others affiliated with the team conduct themselves accordingly. Severe demonstrations are grounds for disqualification as explained below.

In the event that a performance is interrupted because of equipment failure, the facilities, etc will be presented again in its entirety at a time determined by the judging panel.

In the event a team's performance is interrupted because of The failure of the team's own equipment or supplies, the team must either continue the presentation or withdraw from the competition.

In the event that an injury causes the presentation of a team to be interrupted, the team must either continue the presentation or withdraw from the competition. The event staff reserves the right to stop the presentation due to injury if it is deemed necessary.

Interpretations and Rulings—Any other situations requiring interpretation of the rules or a decision involving any aspect of the competition not clearly specified in these Rules and Regulations shall be considered by the Head Judge, Contest Coordinator and another individual designated by the Event Director. The Committee will render judgments in an effort to insure that the event proceeds in a manner as equitable as possible to all teams and consistent with the general spirit of the rules and goals of the competition. All teams must agree to accept any and all decisions made by the Committee as final.

Judging Criteria—The judges will score all routines on a 100 point system. Judges will score all teams on projection and showmanship, choreography, technique and group execution; duos on timing, technique, teamwork and choreography; solos on tim-

ing, technique, choreography, showmanship and projection.

Scores and Rankings—

Individual score sheets are the exclusive use of each particular judge. Scores and rankings will be available only to coaches at the conclusion of the event. No scores or rankings will be given over the telephone.

Procedural Questions — Any questions concerning the rules of the competition, the scoring of the participants or the ranking of teams will be handled exclusively by the advisor/coach of the team. Any questions concerning a presentation should be made to the Contest Coordinator immediately after the performance.

Finality of Decisions—By participating in this championship, each team agrees that decisions by the judges will be final and not subject to review.

Music Guidelines—Each entry must be furnished on a quality CD only. Only one song per CD, no other music should precede or follow the competition song. Multiple tracks on a CD will not be accepted. Music must be clearly marked with the name of the routine and entry number. CDs must be in an individual CD jewel case/sleeve. Music is to be turned in at registration the day of the competition. Acapella entries should be turned in with a blank case. Teachers/Coaches should have a back-up CD readily available in the event of malfunction of the original.

AAU-ALHC National Dance Championships is not responsible for the quality of professional or home burnt CDs or their compatibility with venue playback equipment.

The event suggests that great consideration be given to music selection when choosing accompaniment for competition Each entry must furnish on quality CD only. Only one song per CD, no other music should precede or follow. Multiple tracks on a CD will not be accepted. Music must be clearly marked with the name of the routine and entry number. CDs must be in individual CD jewel case/sleeve.. Music is to be turned in at registration the day of the competition. Acapella en-

Bold print denotes a change in

tries should be turned in with a blank case. Teachers/choreography. Songs which include overt profanity, vulgar language and/or innuendo are deemed unacceptable. All material presented, including costumes, should be age appropriate. Infractions will result in point deductions in the judge's scores and may cause a routine to be disqualified.

Pick up music at the end of the awards ceremony. The event is not responsible for CDs which are not retrieved.

Time Limits—Time limitations are 1:30-3 minutes for solos and duets; 1:45-4 minutes for small and large groups.

Entry Fees—Entry fees are payable in US funds only by check, money order, Visa, Master Card, Discover Card, PayPal or Google Checkout. Fees should be paid in full by the entry deadline

September 25, 2009 to avoid a late registration fee.

All entries and payments from studios, clubs or organizations must be submitted on one check, money order or credit card. Entry fees must arrive in the form one payment not individual payments from dancers. All checks returned by the bank for any reason will incur a service charge of \$35.00. Payment of restitution will be accepted by certified check, cashier's check or credit card only. If late entries are accepted they are subject to a \$25 fee per entry. This decision will be made at the discretion of the event. Please note the following dance fee schedule.

Solo	\$60 per entry
Duo-Trio	\$120 per entry
4+ dancers	\$40 dancer per entry

Those participating in the AAU-ALHC National Dance Championships may also attend the 12th American Lindy Hop Championships on Saturday and Sunday at no additional cost. Friends and Family may purchase a weekend pass for \$50 per person.

Those entering the Junior Swing Championship may also enter ALHC's Junior Division at no additional cost. Dance teams may also feel free to enter ALHC's Divisions. (See ALHC brochure.)



AAU—ALHC National Dance Championships

INSTRUCTIONS FOR COMPLETING REGISTRATION FORMS AND DANCER ROSTER

1. All dancers competing in the AAU—ALHC National Dance Championships must be listed on the Dancer Roster (see page 8).
2. Please include all information requested (i.e. name of routine, dancer names, age, AAU membership number and parent/guardian and legal representative signature).
3. Authorized legal representative must sign the Dancer roster in the space provided.
4. Authorized legal representative must be the organization director, studio owner or coach
5. Please type or print the Dancer Roster legibly. The event will not be responsible for typographical errors resulting from illegible penmanship.
6. Make photo copies of the completed Dancer Roster for as many routines as you are entering plus an extra one to keep for your records.
7. For each routine write the name of the routine in the space provided at the top of the Dancer Roster. Then attach the Roster to the related Entry Form
8. In the boxes provided, check off the dance participating in the particular routine. Using the check box will eliminate the need for you to replicate the dancer names, and other information for each entry form.
9. After completing all the necessary forms use the following checklist before mailing in your entry.

ENTRY SUBMISSION CHECKLIST

Please check mark all items to make sure you have provided the Dance Nationals with all necessary information. After filling out this checklist, use it as a cover sheet for you mailed entries. The event does not accept faxed entries.

DANCER ROSTER

- All substitute dancers are listed on forms
- All participating dancers in all entries are included on each roster.
- One completed dancer roster is included for each entry (excluding solo entries).
- All ages are included.
- Form is signed by Authorized Legal Representative at the bottom of the roster.
- All solos are noted male or female on the Entry Form.
- All dancers under 18 years of age must have a parent/guardian signature.
- All dancers 18 years of age or older must sign for themselves.

METHOD OF PAYMENT (US funds only)

- One check / money order / cashier's check made out to **Artspectrum** for the total amount of all entry fees.
- Used credit card form

STUDIO / SCHOOL / INDEPENDENT ADDRESS

- Physical address only. Do not use a Post Office Box.

CONTACT INFORMATION

- | | | |
|--|--|--|
| <input type="checkbox"/> studio / club/ independent name | <input type="checkbox"/> street address | <input type="checkbox"/> studio/club phone |
| <input type="checkbox"/> home phone | <input type="checkbox"/> cell phone | <input type="checkbox"/> fax number |
| <input type="checkbox"/> email address | <input type="checkbox"/> studio owner's name | |

ENTRIES

- number of entries being sent _____ Total number of dancers competing _____
- Make sure you have included all of your entries. Information must be legible and easily read by staff.

Mail entries to: Artspectrum, 52 Monterey Street, Detroit, Michigan 48203-3590

Please make sure you have read all the Rules, Regulations and Other Information. Questions? Call 1-313-790-2311

CREDIT CARD PAYMENT AAU-ALHC National Dance Championships

- Friends and Family Registration—Family members may charge they payments separately from the school/club entry by filling out this form or complete as
- Competition Entry (One form per group)

School/Studio/Club Name _____

CREDIT CARD TYPE: Visa Master Card Discover Card

Card Number _____

Exp. Date _____ PIN (on Back of card) _____ Total Charge _____

PLEASE PRINT

Name as it appears on card _____

Signature _____

Billing Address _____

City _____ ST _____ Zip+4 _____

Email Address _____

Telephone Number _____

If this credit card payment is not for your entire group, please list person(s) and amounts to be paid with this credit card.

	Person(s)	Amount
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____

Please complete this form for each charge. Balance is due **September 25, 2009**. In order for credit card to be processed the billing address for the credit card and the PIN (the last few numbers at the end of your credit card number on the back of your card) must be supplied. Feel free to duplicate/photocopy this and all forms.

CANCELLATION POLICY

Cancellations received before September 25, 2009 will be refunded in full minus a one hundred dollar (\$100.00) registration fee. For cancellations between September 25 and October 22, 2009 are subject to a fifty per cent (50%) penalty with a one hundred dollar (\$100.00) minimum. Cancellations received after October 22, 2009 will result in full forfeiture of all monies paid. All cancellations must be in writing to the AAU-ALHC National Dance Championships. We will not except cancellations by phone. Deposits from cancellations cannot be applied toward any outstanding balance. Cancellations can be emailed to askartspectrum@yahoo.com with AAU-ALHC Cancellation in the subject line.

I have read the cancellation policy and understand and accept its contents. I have also advised all participants, parents and chaperones of my group of this cancellation policy.

_____ Main Contact's Signature

Date _____

Each adult traveling on to the Championships and each participant's parent/guardian must sign below. "We have read the cancellation policy and understand and accept its contents." Your application will not be processed without all signatures.

Print Name _____

Signature _____

Print Name _____

Signature _____

Print Name _____

Signature _____

Print Name _____

Signature _____

Print Name _____

Signature _____

Print Name _____

Signature _____



AAU—ALHC National Dance Championships Entry Form

List the names of all dancers competing from your studio/club on the dance roster, sign and make copies. Attach a copy to this form for each routine entered. Mark the names of the dancers for this entry only. All entries must be received by the deadline date or before. Entry fees are not refundable. **USE ONE FORM PER ENTRY** **PLEASE PRINT OR TYPE LEGIBLY**

.Check one: Studio Community Recreation All-Star School Club Code _____ AAU Sport Code **DA**

FOR OFFICE USE ONLY

NAME OF ROUTINE: _____ ROUTINE LENGTH _____

Age Division: 10-12 13-14 15-17 18-22 adult School: Elementary Middle School/Jr. High High School College/University

Category: Male Solo Name _____ Age _____ 1 x \$60 = \$60

Female Solo Name _____ Age _____ 1 x \$60 = \$60

(Check only one) Duo—2 dancers Trio—3 dancers 1 x \$120 = \$120

Group (Register by September 1. Group registration is \$50) number of dancers _____ x \$40 per dancer = _____

Check one : Beginner Intermediate Advanced

(Choose only One.) Dance Style Acrobatic Rock 'n' Roll Ballroom Team Classical Ballet Collegiate Couples' Swing Collegiate Swing Team

Contemporary Ballet Clogging Dance Team Ethnic/Folkloric Hip Hop Jazz Junior Swing Championship Latin Team Lyrical

Modern/Contemporary Music Theater Open Swing Team Tap (To register for Pro/Am, Junior or Cabaret see ALHC registration form.)

(Check one of the following only if applicable.)

Friends and Family Registration # _____ x \$50 = _____

Professional # _____ x \$50 = _____ 1 comp per 10+

Studio/Club/School Name _____

Studio/Club/School Address _____

City _____ State _____ Zip+4 _____

Studio Phone (____) _____ Home (____) _____

Cell Phone (____) _____ Fax Number (____) _____

E-mail Address _____

Studio Owner/Coach Name (one name for all entries) _____

Teacher!
Ballroom is hot! Join in on the popularity of ballroom dancing.
Check out the Junior Swing Championship.

WAIVER—I understand that Artspectrum/AAU-ALHC National Dance Championships intends to record my participation in the event/contests on videotape, film, photographs and/or webcast. I expressly grant Artspectrum and its assigns the unlimited right and authority to us any such recording in any and all media by whatever ways or means with no obligation to me. Such recordings are the sole property of ALHC. On behalf of my heirs, I agree to forego, expressly waive and release any/all rights for damages that I or my heirs might have against the event or its agents for any/all injuries and damages I might suffer by participating in the event/contests or in traveling to/from its location. I have read all the rules and waiver, fully understand them, and agree to comply with their contents.

CANCELLATION POLICY—Cancellations received before September 25, 2009 will be refunded in full minus a one hundred dollar (\$100.00) registration fee. For cancellations between September 25 and October 22, 2009 are subject to a fifty per cent (50%) penalty with a one hundred dollar (\$100.00) minimum. Cancellations received after October 22, 2009 will result in full forfeiture of all monies paid. All cancellations must be in writing to the AAU-ALHC National Dance Championships. We will not except cancellations by phone. Deposits from cancellations cannot be applied toward any outstanding balance. Cancellations can be emailed to askartspectrum@yahoo.com with AAU-ALHC Cancellation in the subject line.

I have read the event waiver and cancellation policy and understand and accept its contents. I have also advised all participants, parents and chaperones of my group of these policies.

Advisor/Coach Signature

Date

Coach's AAU Membership Number _____

ENTRY FEE TOTAL _____

See insert for Registration instructions and credit card payment forms. Mail entries with certified check, money order or credit car payment form to **Artspectrum, 52 Monterey St., Detroit, Michigan 48203.**

REGISTRATION DUE BY SEPTEMBER 25, 2009

AAU-ALHC Dance Roster/DVD/Webcast/Photo/Injury Release Form

List all dancers' names on this form. Photocopy completed roster and attach one per entry. Check the appropriate box for each dancer in this routine only. All competing dancers must obtain a parent/guardian signature in order to compete., no exceptions. Please type or print legibly.

Name of Routine _____ Use line only with entry form.

	✓	DANCER'S NAME	AAU Membership Number	Age	Parent/Guardian Signature
1					
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4					
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23					
24					

We hereby release the directors of the AAU-ALHC National Dance Championships from any and all claims for damages or injuries, which may be sustained while participating in any activity connected with this competition. Contestants give permission for the event to use their photos, electronic/video images and to appear on television/internet in connection with the competition.

Signature of Authorized Legal Representative _____

2009 AAU-ALHC National Dance Championships DVD

at your 2009 Fall destination

Pre-Order Only

Buy your DVD now and be a step ahead of everyone else with a record of all the contests, the workshops and the activities enjoyed at this 2009 event.

\$40

\$50 at the event



I'd like to pre-order a DVD copy of the AAU National Dance Championships

DVD Title	How many?	Price	Subtotal
2009 AAU-ALHC National Dance Championships DVD		\$40	
2009 American Lindy Hop Championships DVD		\$99	
Or buy both DVDs at a special rate!		\$135	

Order total: _____
Shipping: _____
Total: _____

Method of Payment

- Check
- Money Order
- Visa
- MasterCard
- Discover Card

Name _____
Address _____

Phone _____

Credit Card # _____ Exp. date _____ PIN on back of card _____
Print Name _____ Signature _____

Mail this order form with your choice of payment to: Artspectrum, 52 Monterey Street, Detroit, Michigan 48203-3590



**New to swing?
Need help putting together a number. Get in touch for a referral in or near your area.**



One Last Song and Dance Man

AAU—ALHC National Dance Championships offers exciting master classes and the opportunity to be judged by some of the best teachers, coaches and performers in the world. Attendees have several master classes to look forward to. Featured during the event will be Skip Cunningham, a veteran of stage and screen. His career as a tap dancer and singer spans a wide range of American entertainment along side the likes of Tony Bennett, Bill Cosby,, Ray Charles, Donald O'Connor, Nat King Cole, Regis Philbin, Steve

Harvey, The Four Tops and the Temptations to name a few.

Born in Chicago Skip's first dance teacher was the venerable Sadie Bruce. By the time he was ten he has performed on stage in some of Chicago's top theaters and with some great bandleaders. No stranger to competition he won almost every contest he entered as child. This encouraged him to choose show business as a career. One such contest was a lindy tap number which helped prompt his interest in swing

dance (jitterbug in Chicago) and his promotion of the two styles as integral to preservation each other.

As a tap master Skip has been awarded the Chicago Human Rhythm Project's Juba Award, Rhythm Tap Hall of Fame Master Tapper Award, the LA Tap Festival Leonard Reed Longevity Award and the Tradition in Tap Series dedication to the Song and Dance Master with the recent Skip Cunningham Experience. Look for him to judge Tap, Music Theater plus a selection of others. divisions

Introducing Lindy Tap

Lindy Hop, a social dance, came into being when aviator Charles Lindbergh was all the rage after making his historic non-stop flight from New York to Paris in 1927.

Lindy's growth fed off the musicians of the era. At that time swing was the music not the dance. Improvisation and syncopations are a hallmark of jazz/swing music. As a result they are also important elements both lindy and tap.

During the Swing Era flying

swingouts and flying circles incorporated tap footwork. Today the rhythms are pretty standard. Lindy, one of the many triple time swing dance style, alternates a double with a triple twice to make the eight-count basic. Just those two rhythm units can make for an exciting combination and varieties that allow dancers to play with improvisation and syncopations, showmanship, choreography, teamwork, technique and rhythm accuracy.

The challenge to today's dancers

is just as fresh as it was on stages during the Swing Era. And just as it was a vehicle for Skip Cunningham to win one of his many contests it is an opportunity for current tappers and swing dancers to explore its many possibilities in Classic and Showcase routines.

So the glove has been thrown down. Can you produce an unforgettable lindy tap routine?

The AAU—ALHC National Dance Championships is the venue for you to take up the gauntlet and dance.

The Amateur Athletic Union (AAU)

The AAU is one of the largest non-profit volunteer organizations in the United States dedicated solely to the promotion and development of amateur sports. Its membership of over 550,000 coaches, athletes and volunteers from across the country strive to achieve their dreams as athletes and valued citizens of our communities.

The AAU has programming in over 30 sports for those from 4 to 80 and older.

A benefit of membership in this organization is the opportunity to follow in the footsteps of many well-known dance athletes like Julianne Hough, Mark Ballas and Lacey Schwimmer. Another benefit of membership is the athletic accident and liability insurance program.



The American Lindy Hop Championships



The American Lindy Hop Championships is now in its 12th year. During those 12 years it has become the largest event of it's kind in the world featuring Lindy Hop as it primary dance

style.

It has grown from a two-and-a-half day event to a four-day weekend featuring teacher workshops, a mini-dance camp, dance competitions, a unique social dance experience and networking convention.

The Championships (ALHC) offers 16 contest categories for competitors aged 10 to 100+. Dance types covered include any of the swing dance styles, ballroom, Latin, Hustle, Salsa, Balboa, Collegiate Shag, Blues, vernacular jazz, hip hop and more. Attendees also have the option of entering Jack and Jill

contests, lead/follow contests and team divisions.

At this year's event a Top Teacher Award is given to the pro with the most points accumulated through their participation. Pros/teachers require a minimum of 5 dance entries to qualify for any placement. See website for more details.

For more information on ALHC, its contest categories, DVDs or merchandise logon to <http://artspectrum.org/alhc.htm> or Read the 2009 ALHC brochure which may be found on the website or requested by writing askartspectrum@yahoo.com.



Dance teams are encouraged to enter their best routines in the 12th American Lindy Hop Championships Junior, Cabaret and Teams divisions.

What is Pro-Am?

The Pro-Am division consists of one professional dancing with one amateur performing a social dance style. Same sex leader and follower is permitted in this division only. We ask competitors to assign him/herself to either Professional or Amateur status suing the following criteria:

A competitor is considered a professional if he or she has—
1. Worked at a dance studio as a dance instructor; 2. Rented a facility to teach dancing; and/or, received a total of \$1200 or

more in prize money, performance fees, dance instruction fees, or any other type of compensation for dancing.

The Pro-Am division allows drops, splits, limited side-by-side steps and other non-air steps. Dance styles performed may include Lindy, West Coast, East Coast, Carolina Shag, Balboa, Salsa, Ballroom and Latin or a combination thereof with or without appropriate shine steps.

In a "classic" pro-am only the amateur is judged—and also

judged in his (lead) or her (follow) categories. Gold, silver and bronze medals are awarded.

Our primary goal is to bring quality dance instruction, competition and social dancing together in an environment that people will enjoy as they develop life long friendships and memories providing a work environment for the professional dance instructor to dance, compete, and have fun with their students and fellow professionals.

About AAU Dance Program

The Amateur Athletic Union was founded in 1888 to establish standards in amateur sports. The AAU is one of the largest, non-profit, volunteer sports organizations in the United States. It is dedicated exclusively to the promotion and development of amateur sports and fitness programs.

In 1949, the AAU conducted it's first "live" national meet in

Cleveland, Ohio Youth Sports Program. Its popularity led to the first Junior Olympic Games in Washington , DC in 1967 giving birth to the AAU .

In an effort to facilitate dancers in stepping forward and taking their place on the international stage among the ranks of AAU Junior Olympic Games and the AAU National Championships the AAU united the art of dance

with the athletics of dance in 2001 offering something for everyone.

Join the AAU for the 2010 Junior Olympic Games in Hampton Roads, Virginia July 28 through August 7. Competitive routines include solos, duos, trios, officers, military, novelty and more. Pick up more information at the event or by contacting one of the following:

Sport Contacts:
Jackie Fullmer
AAU National Dance Chair
435.753.0079
801.867.5639 (cell)
jackiefullmer@hotmail.com

Amanda Stokes
Sport Manager
407.934.7200 (O)
407.934.7252 (F)
Amanda@aausports.org





AAU-ALHC National Dance Championships
at the Plaza Hotel and Conference Center
2701 Summer Street, Stamford, CT 06905
1-203-359-1300

Artspectrum DBA American Lindy Hop
Championships
52 Monterey Street
Detroit, Michigan 48203
<http://artspectrum.org/alhc.htm>

Phone: 313-790-2311
E-mail : askartspectrum@yahoo.com
Event url: <http://artspectrum.org/aadance.htm>

Artspectrum is pleased to announce a new event featuring competitions in the solo, duo, group and collegiate categories for schools, studios, community/recreation programs and college/university dance teams. This event offers workshops in tap, jazz, ballet, modern/contemporary dance, hip hop, ballroom and swing dance taught by nationally and internationally known teachers and coaches in conjunction with the 12th American Lindy Hop Championships. Competitors are required to have a current AAU membership to participate in this event. In addition, contestants may also attend ALHC as spectators on Saturday and Sunday during the AAU divisions.

The collegiate division is part of the Amateur Athletic Union (AAU) portion of the event. Classes will be offered in each of the event's competition areas. In addition, American Lindy Hop Championships (ALHC) classes offered during that same time frame would be available for participants to take. To participate your club or school needs to be a member of the AAU. You should check with your college, school, studio or club to see if it is already a member. Each dancer would also need to be a member to compete.

AAU members are encouraged to compete at ALHC in Cabaret, Team and/or the Junior Division in swing.

Get your 2009-2010 season started

at the 2009 AAU—ALHC National Dance Championships

in the shadow of Lady Liberty's torch



COMPETITIONS in tap, jazz, ballroom, swing, contemporary, lyrical and more as a solo, duo or group

WORKSHOPS in tap, jazz, swing, hip hop, contemporary, ballroom and more.

Don't miss it!

Call 1-313-790-2311 with questions

October 24 & 25, 2009